

DERBY SENIOR CENTER NEWS

Visit us at 293 Main Street, Derby, CT 06418 • Call us at 203.736.1484 • Email us at seniorcenter@derbyct.gov

July 2025



Did you know? Derby, CT was settled as an Indian trading post named Paugasset in 1642. It was officially named Derby, Connecticut and admitted as a township in 1675.

HAPPY 350TH ANNIVERSARY DERBY!

CENTER INFO

Hours of Operation:

Monday-Friday: 9:00am-4:00pm

Any changes will be posted.

Phone: **203-736-1484**

Fax: 203-736-1486

Our Staff:

Executive Director:

Dawn Hebert, MSW

Email: dhebert@derbyct.gov

Coordinator/Assistant Director:

Olga Capristo, BSW

Email: ocapristo@derbyct.gov

Office Clerk:

Kathy Gerwien, BA Business Admin.

Email: kgerwien@derbyct.gov

Please Note:

**We will be closing at 11:30am
Thursday, July 3rd to prepare for
our Fried Dough Fundraiser.**

**We are closed Friday, July 4th for
Independence Day.**

POINTS OF INTEREST

- The **Elderly Commission meeting** is on hold for the summer and will resume on Monday, September 8th.
- The **Executive Board Meeting** is on hold for the summer and will resume on Tuesday, September 9th..
- The **Events Planning Committee** is on hold for July. The next meeting is at 10:30 on August 5th.
- **Medicare Counseling**—We have a trained CHOICES counselor available to assist you. Call the center to set up an appointment.
- **Veteran's Services & Benefits** Please contact Andy Cota at 203-736-8882 with questions or for an appointment. He is available on Wednesdays, 9:00am-1:00pm.
- **Volunteers:** There are many opportunities available here at the center. Please call if interested. Your help is greatly appreciated.

ATTENTION: When signing up for paid events, please write a separate check for each event or pay by cash. It is difficult to separate payments clumped together. Thank you in advance.

ATTENTION: Membership is due one year from the date that you pay going forward.

LOOKING AHEAD:

- Thursday, August 7th—1:00pm **GRANDPARENT'S DAY ICE CREAM SOCIAL—ALL WELCOME**—bringing your grandchildren is encouraged but optional. **Gene the Amazing Magician** will entertain us!
- Thursday, August 21st—**End of Summer Cookout** to celebrate Derby's 350th Anniversary at Osbournedale. Call for details.



WELCOME TO THE DERBY SENIOR CENTER

The Center's purpose is to serve as a resource center providing a broad range of services and activities to meet the diverse social, physical, and intellectual needs of older adults.

NEW INFORMATION

- **Fried Dough & Fireworks Fundraiser**—On July 3rd, we will be doing our "Fried Dough Fundraiser" and are in need of volunteers to take orders, collect money, etc. as we transform our "Courtyard" into a "Food Court"!
- **Movie Matinee—"Nonnas"**—Thursday, July 17th — After losing his beloved mother, a man risks everything to honor her by opening an Italian restaurant with actual grandmothers as the chefs. Based on a True Story
- **Suzanne's Summer Breakfast**—Thursday, July 24th, 10:00am—Bacon, Egg, and Cheese on a Croissant, Hash Browns, fruit, Coffee/Tea. Sign-ups start July 1st. \$10.00
- **Sewing/Quilting**—We have a beautiful area with sewing machines and all the essentials that we would love to utilize. If interested in getting paid an instructor's fee to teach quilting and/or sewing, please call the center. This class would be for both seasoned sewers & quilters as well as beginners.
- **Bingo**—Oak Street Health will be here to call Bingo on Tuesday, July 8th.
- **Pool Billiard Lessons** available. Call to set up a time with our instructor.
- **FAMILY TREE CLUB**—One-on-One Research with Suzanne -- By appointment only



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MONTHLY REMINDERS

Membership Renewals are due one year from last renewal date. Please renew if you have not already done so. Derby residents \$6.00, non-residents \$8.00.

NOTE:

If you know of anyone interested in learning more about what the Center has to offer, he/she is welcome to come to any of our activities and/or events as your 1-time guest or he/she may come on their own for a free week trial. Just check in at the office.

Haircuts

Haircuts are on the 2nd Monday of the month—\$10 cash. Please call for an appointment

Blood Pressure Screenings with Parish Nurse, Maggie Sessa, is on the 2nd Tuesday of the month.

Please remember to swipe your keytag at the KIOSK when you enter. See the staff if you do not have one.

MEALS / EVENTS

Suzanne's Summer Breakfast

Thursday, July 24th, 2025
10:00am

Bacon, Egg & Cheese
Croissant
Hash Brown
Fruit Cup
Coffee/Tea
\$10.00

Please note: Meals/Events must be signed up for by the Thursday before so we can have an accurate count

Senior Café

Tuesdays & Thursdays at 11:45
\$3.00

**Please Call Ahead before
10:00am the day before**

Senior Café is an elderly nutrition program that provides nutritionally balanced meals.

DIRECTOR'S CORNER

Hello friends,

Our Father's Day Meatball Grinder Luncheon last month was enjoyed by all. I'd like to give a special thank you to Marc Garofalo for cooking his delicious homemade sauce and meatballs. Also thank you to my staff and volunteers for all they do from planning, organizing, shopping, setting up, decorating, and cleaning up, as well as to those who donate and put together our raffle prizes. Our events would not be possible without all of you.

This month we have a special breakfast prepared by former Assistant Director, Suzanne Foster, along with current staff and volunteers on July 24th. On July 3rd, we have our Fried Dough Fundraiser at our Elizabeth Street entrance during the Derby-Shelton Fireworks.

Please note, our kiosk system is up and running. If you have not received a keytag, please stop in the office and we will issue one.

This will have your own unique bar code and will replace your membership card. It is best to place it on your keychain immediately after receiving it to prevent it from getting lost. Please scan your card every time you come to the center and tap the activity that you are there for. Even if you are just running in, tap the "Socializing/Just visiting" icon. We need to track everyone coming to our center for various reasons. Keep in mind, the system will remind you of your membership renewal 30 days before it is due. You can still use the kiosk to check in, just follow the prompts. Going forward, the system will automatically set your renewal date one-year from the date that you pay. **IMPORTANT: If the kiosk is Off-Line, please come to the first floor lobby to sign in or use the paper sign-in sheet.**

I look forward to seeing you soon!

Warmest Regards, Dawn

ANNOUNCEMENTS

- **Book Club**—The Derby Public Library book club is the first Wednesday of every month. This month is on July 2nd. Please call to sign up. This month's book is How to Solve Your Own Murder by Kristen Perrin, Next month is The Invisible Husband of Frick Island by Colleen Oakley on August 6.
- **Special Bingo**—Oak Street Health will be here to call Bingo on Tuesday, July 8th. They are bringing goodies and giveaways.
- **Birthday BINGO**—sponsored by "Wesley Heights"—June 24th—1:00-3:00.
- **Attention Volunteers**—You must use the kiosk to check in. The "Volunteer Icon" is on the left side of the screen. It will ask you to enter the duration of your time in hours and minutes.
- **DONATIONS REQUEST** — Monetary donations are welcome and appreciated to offset the cost of coffee, creamer, desserts, and snacks. As you know the cost of everything has gone up and we like to serve coffee and snacks to our members for many of our events at no charge. This gets quite expensive. So, please, if you are able, consider leaving a donation in our locked donation box in the all-purpose room. We greatly appreciate your generosity.
- **Thank you to all those who have given monetary donations and/or items. It is greatly appreciated and really helps to defray our costs.**

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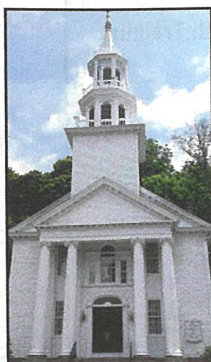
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MONDAY—FRIDAY 9:00-3:30 Self-Led CORN HOLE Ping Pong Pool Billiards Darts Open Exercise	1 10:00 Crafts 10:00—Line Dancing 11:45—Senior Café 12:00—Bingo 9:00-3:00—Open Exercise 9:00-3:00—Pool Billiards	2 9:30 Gentle Yoga  11:45— Strength Training with Bobbi 1:00—Library Book Club— “How to Solve Your Own Murder” Large Print Books available at the Derby Public Library	3 9:30 Mahjongg 9:30 - Pinochle, Chess, Bridge, Dominoes—Call to sign up 10:00 Hook & Needle Grp 10:30 Reiki (by appt) CLOSING AT 11:30 AM For Fried Dough Fundraiser	4 CLOSED 
7 10:00 Chair Yoga 11:45— Strength Training with Bobbi—CANCELED	8 10:00—Line Dancing 11:45—Senior Café 12:30—Blood Pressure Checks 1:00-3:00 Bingo sponsored by Oak Street Health 1:00 Pool Billiards 1:00-3:00 Bingo	9 9:30 Gentle Yoga 11:45— Strength Training with Bobbi—CANCELED	10 9:30 Mahjongg 9:30 - Pinochle, Chess, Bridge, Dominoes—Call to sign up 10:00 Hook & Needle Grp 1:00 Crafts with Laurie	11 10:00 Grocery Shopping w/ VTD 10:30—Creative Writing Workshop 12:30—FAMILY TREE One-on-One Research By appointment only
14 10:00 Chair Yoga 10:00-12:00 Haircuts by Donna 11:45— Strength Training with Bobbi 1:00-Cardio Drumming	15 10:00 Crafts 10:00—Line Dancing 11:45—Senior Café 1:00 Pool Billiards	16 9:30 Gentle Yoga 11:45— Strength Training with Bobbi	17 9:30 Mahjongg 9:30 - Pinochle, Chess, Bridge, Dominoes—Call to sign up 10:00 Hook & Needle Grp 1:00—Monthly Movie Matinee-“Nonnas”	18 10:00 Grocery Shopping w/ VTD 10:30—Creative Writing Workshop 12:30—FAMILY TREE One-on-One Research By appointment only Captain's Cove (be at garage at 10:30)
21 10:00 Chair Yoga 11:45— Strength Training with Bobbi 1:00-Cardio Drumming	22 10:00 Crafts 10:00—Line Dancing 11:45—Senior Café 1:00 Pool Billiards	23 9:30 Gentle Yoga 11:45— Strength Training with Bobbi 12:45—Decorating Club Set up for Breakfast	24 9:30 Mahjongg 9:30 - Pinochle, Chess, Bridge, Dominoes—Call to sign up 10:00 Hook & Needle Grp 11:45—Senior Café— 10:00—BREAKFAST— Suzanne's Bacon, Egg & Cheese Croissant Sandwich Summer Breeze-Amarantes	25 10:00 Grocery Shopping w/ VTD 10:30—Creative Writing Workshop 12:30—FAMILY TREE One-on-One Research By appointment only
28 10:00 Chair Yoga 11:45— Strength Training with Bobbi 1:00-Cardio Drumming	29 10:00 Crafts 10:00—Line Dancing 11:45—Senior Café 12:00—Bingo 1:00-3:00 Birthday Bingo-- sponsored Wesley Village 9:00-3:00—Open Exercise 9:00-3:00—Pool Billiards	30 10:00 Crafts 10:00—Line Dancing 11:45—Senior Café 12:00—Bingo 9:00-3:00—Open Exercise 9:00-3:00—Pool Billiards	31 10:00 Crafts 10:00—Line Dancing 11:45—Senior Café 12:00—Bingo 9:00-3:00—Open Exercise 9:00-3:00—Pool Billiards 1:00 Crafts with Laurie	CORN HOLE IS BACK! 

DERBY SENIOR CENTER

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CURRENT TRIP SCHEDULES———CALL THE CENTER FOR SIGN UP OR INFO

Transportation for seniors is available 5 days a week from Valley Transit District call For more information or to schedule a pick up call 735-6408 Free transportation to & from the center on Tuesdays—call VTD 24 hour in advance for pick up

Captain's Cove-Free transportation 1st 12 sign-ups	Price: \$ Lunch on Own	7/18/25 or 8/15/2025
"CT Lighthouse Cruise" lunch in Old Mystic Village	Price: \$156— FULL	July 8, 2025
"The Beatles, Ticket to Ride" at Log Cabin	Price: \$140	July 16, 2025
"Simon & Garfunkel" Show & MGM	Price: \$89	August 14, 2025
"Holiday Hill" Free transportation 1st 12 sign-ups	Price: \$46 all-inclusive	August 18, 2025
"Yesterday Once More" Carpenters—Polo Club	Price: \$129	September 11, 2025
"Margaritaville on CAPE COD"—3 DAY TOUR	Price: \$599	September 22-24, 2025
"Better in the Bronx"—Arthur Ave	Price: \$139	September 23, 2025
"Tropicana Atlantic City"	Price: \$343	October 28-30, 2025
"Back Home Again"—Tribute to John Denver	Price: \$97	November 12, 2025
"Rock This Town" Christmas Show at Aqua Turf	Price: \$131	December 8, 2025
"California Dreamin'"—Collette	Price \$3,999 Double	September 15-22, 2025
"Southern Italy & Sicily"—Collette	Price \$4,979 Double	November 7-19, 2025
"Spain's Classics & Portugal"—Collette	Price \$5999 Double	April 7 — 21, 2026

Address: 293 Main Street Derby, CT **Phone:** (203) 736-1484 **Email:** derbyctseniorcenter@gmail.com **Fax:** (203) 736-1486